LOVE

Lecture by Samael Aun Weor

istinguished ladies and gentlemen, tonight I am going to speak emphatically about that which is called love. We have chosen to discuss this theme on the day of Saint Valentine, the patron of love.

Undoubtedly, Valentinus [*Valentine of Alexandria] was a great master of love and formed a school called the Valentinians. They were dedicated to the study of Esoteric Christianity in all its aspects, and because of this we will address you in a precise form to speak about the miracle of love.

In the name of truth we can say that love begins with a beam of sympathy, is substantiated with the force of affection, and is synthesized in adoration.

To love, how great is to love; only the great souls are able and know how to love!

For love to exist, there needs to be an affinity of thoughts, an affinity of sentiments, and an identical mental preoccupation. With all of this, the consecration of two eager souls expresses that which they live in their interior.

The sexual act is the consubstantialization of love in the psycho-physiological organism of our nature. The perfect matrimony is the union of two beings; one who loves more and the other who loves better.

Love is the best religion we can obtain. Hermes Trimegistus, the thrice great God Ibis of Thoth, said:

I give you love, in which is contained the sum of wisdom.

How noble is the man and how noble is the woman when they are united in a bond of love. A couple of lovers becomes mystical, charitable, helpful. If all human beings were in love, then happiness, peace, harmony and perfection would reign upon the face of the Earth.

Certainly a small shawl, a photograph, a portrait, provokes in the beloved states of ineffable ecstasy. In such moments, one feels in communion with the beloved even though the loved one is far away. This is that which we call love.

In the United States and Europe there is a group called "The Order of the Swan." The affiliates of this order study and analyze in a profound way all the scientific processes

related to love. When a couple is truly in love, marvelous transformations are produced within the organism. Love is an effusion or energetic emanation that springs forth from the greatest depths of consciousness. These radiations of love stimulate the endocrine glands throughout the organism, producing millions of hormones that flood the organism with extraordinary vitality.

"Hormone" comes from a Greek word signifying "anxiety of being" or "force of the being." A hormone is very small but it has grand powers capable of revitalizing the whole organism.

Truly, one is amazed to see an ancient, decrepit person when he is in love. Then his endocrine glands produce sufficient hormones to rejuvenate and revitalize totally.

To love, how great is to love; only the great souls are able and know how to love!

Love in itself is a cosmic force, a universal force that palpitates within each atom as it palpitates within each Sun. The stars also know how to love. If we observe on the delicious nights of the full moon we see them approach one another and at times they fuse or integrate totally. "A collision of worlds!" the astronomers exclaim, but what has really happened is that two worlds have integrated through a bond of love.

The planets of our solar system revolve around the Sun attracted incessantly by the marvelous force of love.

The atoms within molecules revolve around their central nucleus attracted by the formidable force of love.

There is love in the stars, in the rose with its delicious perfume.

Love in itself is profoundly divine, terribly divine. In ancient times, the cult was dedicated to love and to the woman, who reigned. They knew that the woman was the most grand thought of the creator turned into flesh, blood, and life, and that the woman has been given a sacred mission: to bring children into the world and multiply the species.

Maternity in itself is grandiose. In ancient Mexico, there has always been a divinity dedicated to those women who died during childbirth. It is said that those women continue in the region of the dead with their little child in their arms. It is affirmed in an empathic way that after a certain time they enter Tlalocan, the paradise of Tlaloc.

Really, the cult of the woman, love, and maternity always reigned in Aztec Mexico. A woman who died in childbirth was considered by the people to be a martyr who gave her life in the name of the grand cause.

To love is something ineffable, divine. To love is an extraordinary cosmic phenomenon. When a couple is in sexual copula, in an act of true love, the most divine forces of nature surround them. These cosmic forces have come to create. In these moments the man and the woman are true gods in the most complete sense of the word. They can create as gods. In this is the grandness of love.

The cosmic forces which surround the couple during the sexual act are extraordinary. However, those extraordinary forces can be lost in the holocaust of animal pleasure that is animated by the behaviors of the intellectual humanoid. How much good the couple would receive if the wonderful force of love were respected!

The man should be the initial essence of force of any creation, and the woman the formal receptive power of any creation.

The man is like the hurricane; the woman is like the silent wind of the dove's flight in temples and towers.

The man has in himself the capacity for struggle; the woman has in herself the capacity for sacrifice.

The man has in himself the intelligence necessary for life and the woman has in herself the tenderness the man needs when returning from his daily work.

Thus, the man and woman are the two columns of the temple. These columns should neither be too far apart nor too close together. There should be a space so that the love can flow between them.

The sexual act is a sacrament. This is how the ancient people understood it, having temples dedicated to love. Let us remember the temple of Venus in the august Rome of the Caesars. Let us remember the temple of the moon in ancient Chaldea. Let us remember the ancient temples of India where the cult of love reigned.

In Lemuria, the ancient continent located somewhere in the Pacific Ocean, the cult of love reigned. In the continent Mu there was in reality two sexual processes of two forms of reproduction.

First: In the middle of Lemuria, the human race was directed by the "Kumaras." There were certain temples where the sacred sacrament of sex was received. In those times sex was a sacrament. No one dared to practice the copula outside the temple. The human race was directed by the Kumaras toward the distant sanctuaries only at certain times. Long trips were made at specific times of the year with the purpose of reproducing the species. As a very old memory of that, we have the honeymoon.

Upon the stone-paved patios of the sacred temples of the Lemurian continent, under the direction of the wise Kumaras, men and women were united to create and to return to create. Back then, the sexual act was sacred. The people had not entered into the descending, devoluting process of sexual degeneration. Sex was treated with profound respect. The woman was sacred. Nobody dared to treat the woman profanely, as we said earlier, "she is the most beautiful thought of the creator given flesh, blood and life."

It is said in old parchments, upon sacred papyri that still exist in some places upon the earth, that in the times of Lemuria the people reproduced by the power of Kriya Shakti; that is to say, by the power of will and yoga. Whoever has studied the science of the tantras knows what I am referring to.

The old texts of ancient wisdom say that in the supreme moment of metaphysical copula, the man and woman should retire from the chemical copula without the ejaculation of the ens seminis, the semen. It was considered that the sperm was sacred and nobody in those times dared to profane sex. It is clear that nowadays doctors call this process "*coitus interruptus*." It appears exaggerated but I am limited to comment on what is said in the texts and ancient traditions, that which is written upon some papyri and in many books that exist in Oriental Tibet.

Arriving here we should remember that Sigmund Freud in his Psychoanalysis says that it is possible to sublimate and transmute the sexual libido. Professor Sigmund Freud of Frielburg, son of Austria, was truly an eminence, creating innovation within the field of medicine.

Many doctors have commented upon him; many schools have accepted him, others have rejected him. They say that in Berlin, Germany, before the Second World War, that Hitler ordered, among many other books, that the works of Sigmund Freud be burned. I only comment upon what has been said in some books.

In any case, we say that the Lemurians worked with the system of Freud, sublimating the sexual libido. Unquestionably they had grand cosmic powers. Everything in life for them was ever present.

We the Gnostics think that the Superman sighted by Frederick Nietzsche in his book, Thus Spoke Zarathrustra, really existed on the Mu continent. I am not referring to a particular individual, I am referring to all the inhabitants of Lemuria. It is said that they were resistant to pain; the women gave birth to their children without pain. This is not only mentioned briefly in Genesis, but also in many other religious books by different authors. I repeat, we are limited only to give our opinions on these questions, respecting as is natural, your concepts. Truly, we give the teaching and we give complete freedom to the audience so that with your mind you can accept, reject or interpret this doctrine as you see fit. In this moment I only bring to the memory of the Lemurians what is related to sex.

They lived between ten to fifteen centuries, they were men of a higher stature, being four meter highs, the women a little smaller but still gigantic. They spoke a language that is lost. (I am referring to the universal idiom). It is an extraordinary "Pretor" language (as it is said in that tongue), meaning "superior".

Obviously such a language has its own cosmic grammar. I know this language and it is conserved by tradition in some secret places and reserved site.

In those times, to say, "Good morning," or "Buenos dias," or "Bonjour monsieur," they would simply say "Albu," the other answering "Albu," placing his hands on his heart.

This language has its grammar and its graphic characters. You can see that Chinese has characters and is rather difficult to learn. The Greeks also have characters, like Sanskrit or Arabic. The characters are plural and have been conserved up to a short time ago. In any case, those who can read these characters obviously possess grand erudition and are capable of learning certain texts that belong to Lemuria.

A short time ago in Tibet I received a Sanskrit text. I have been unable to find somebody who could understand it, as it is written with Sanskrit characters.

In regard to that epoch, those old texts say with their ancient characters, that humanity did not think as we do now. They lived from ten to fifteen centuries and spoke a universal language, which is lost. Through time the distinct words of this language were corrupted and from such corruption came the birth of all the languages that exist today on the face of the earth.

Nevertheless I can say to you that this language and the Chinese seem very similar. It seems that the phonetics of the universal language and Chinese are similar. I have studied both and they look to me practically uniform. You have seen that when the Chinese talk they make kind of song; the language is not dried up as when we use it.

Nevertheless, there is a notable difference between the Chinese and universal languages: the psychic powers within the Lemurian language.

They act directly over the fire, air, water, and earth. Those old ancient traditions say that the Lemurians had power over the elementals of nature. They are what we could call the superman, cited by Frederick Nietzsche in his Zarathrustra. I understand that the Lemurians owed their powers especially to not eliminating or expelling from their organism the sacred sperm; they transmuted or sublimated it, such as is taught by BrownSequard, the grand North American experimental scientist, by Dr. Krumm-Heller, professor of the university of medicine, and also Dr. Coronel of our own native Mexico. There is no doubt that they knew this system of Lemuria and proclaimed it in their books. It is enough for us to read the studies of Brown-Sequard or Krumm-Heller in order to corroborate these kind of scientific affirmations.

Obviously, when the ens seminis is not ejaculated, it is transformed in to energy and this energy revitalizes the whole human organism. We understand that this type of energy is very fine and that the energetic waves of sex put into activity the enormous powers found latent in the pineal, pituitary, thyroids, parathyroid glands, etc.

I am not dealing with dogmatic opinions or anything like this, I am only referring to data we have studied and I give my opinion to you, in as much as we are in this cultural, intellectual hall. I understand that there are very learned people here who can perfectly accept or reject these affirmations.

To live ten to fifteen centuries is inconceivable to us, nevertheless the bible affirms that Methuselah lived nine hundred years and let us think a little about this. In any case I understand that the Lemurian system gave good results, thus these people lived long lives and possessed extraordinary faculties. The Lemurians did not see the physical world as we see it; for them the air was of distinct colors, the mountain transparent, and the gods of which they speak were perceived by their internal senses of perception. Already in this day a lot has been said about extra-sensory perception.

Undoubtedly, people of three dimensional psychology would never accept extra-sensory perception, but let us remember that in the time of Galileo nobody accepted that the earth was round and that it moved. When Galileo affirmed this they wanted to burn him alive. Later he was charged in the Inquisition and, placing his hands upon the Bible, they said to him, "If you do not swear and retract what you have said we will burn you in the furnace.

Do you say that the earth is round and that is moves?" He responded, "I swear, peur se mouv, se mouv." That is to say, "but it moves, it moves." For swearing in this way he was not burned alive. Feeling a little compassion for him, they limited themselves to placing him in jail and that was all.

Thus in reality the universe always offers us unusual things, things that in the beginning one rejects because they appear absurd, but then later have to accept.

Brown-Sequard demonstrated that many sicknesses of the brain could disappear if during chemical copula the orgasm or spasm is avoided. Naturally he was criticized a lot, he was considered immoral, etc., but there is no doubt that he came near to a grand secret, to the Lemurian secret.

The Lemurians owed to their religion and their chemical copula the special enjoyment of faculties the human beings of this age do not know about. The Lemurians could see perfectly the superior dimensions of nature and the cosmos.

These days, human beings do not see the earth as it is but only as it apparently is. Our planet earth is multidimensional and this can be demonstrated mathematically, but the majority of people do not accept this. Each is free to think what he likes.

Unfortunately, the intellectuals of this age are embottled in the three dimensional dogma of Euclides. This dogma has been discussed thoroughly. "It is clear that this way has already passed!"

Very wise men have written extraordinary books of mathematics related in one way or another with the fourth coordinate. These men are still respected, which no one dares dispute, but everyone still turns out to be skeptical. Nevertheless, the book "Ontology of Mathematics" is well worth the intellectuals knowing deeply, profoundly.

Thus the Lemurians when raising their eyes to the stars could communicate with the inhabitants of other planets. For them, life on other planets of the solar system was a reality. The plurality of inhabited worlds, as proclaimed by Camille Flammarion, was a fact for the Lemurian.

In Lemuria, before the chemical copula in the temple, the man and woman passed through brilliant mystical ceremonies. The cult of the divine, of the Grand Alaya of the universe, the Tao of the Chinese, the INRI of the Gnostics, this which is, has always been and always will be, reigned. They comprehended that creation cannot exist without an intelligent directing principle, and before the chemical copula they adored the eternal.

In time the Lemurian race degenerated little by little. There existed enormous cities. The walls of these cities were constructed with lava from the volcanoes, etc. In such cities an extraordinary civilization existed; they had vessels that could travel to each one of the planets of the solar system.

Our modern civilization with its famous rockets to the moon is not the first civilization to do so, nor will it be the last. In truth it is necessary to understand that diverse civilizations have existed in the world and that ours is not the only one.

The Lemurians were a grand civilization and they had no fear of death. They knew very well and in a direct way the day and hour of their death. When the day arrived, they would lay down in their sepulcher, which was built by the dying individual with his own hands, and, smiling, they would pass into eternity. The psychic values had not disappeared from the dying and obviously they did not have pain.

This is what the ancient texts have said and I have given my time to speak with you about these things because I see that you have come here in a comprehensive manner. It is clear that not everyone who listens to me will agree with what we have affirmed. It would be absurd if I assumed for a moment that all the people in this auditorium would accept these affirmations. Nevertheless, they who know how to listen will comprehend very well that everything is possible in the universe. The world of possibilities is always infinite and if anyone comments upon these ancient texts it is worthwhile.

Later in time the Lemurians involuted and their faculties of perception became sadly atrophied. Many traditions have given the account that later in time the Lemurians began to copulate outside the temples; they went against the direction of the Kumaras and took the sexual act upon themselves and ejaculated the ens seminis. Thus, as is said in some traditions, as a consequence they lost their transcendental faculties.

When the Lemurian race in all corners of that gigantic continent that is submerged under the Pacific Ocean went into the temples, the priests and heirophants would expel the devotees, saying, "Out, unworthy!" In reality, it was then that man and woman left the earthly paradise, because they had eaten the forbidden fruit.

In truth I say the following: Adam are all the men of the ancient epoch; Eve, all the women. And when the men and women ate of the forbidden fruit they were thrown out of the temples of the mysteries. Their faculties became atrophied and man had to work in order to sustain his wife and children and the woman began to bring children into the world with pain.

This has all been well documented among the Nahuas, among the Mayans, and many Asian people have always said the same thing. I have seen the codex where these figures appear and have carefully investigated them. That is why I can say they have documentation. I do not oblige anyone to believe, but it is worthwhile to diligently investigate a little among the Mayans, Toltecs, Zapotecs, etc. The involution of the human being is mentioned in the ancient books.

There is in love a secret. It appears to have been well described by Freud as "sublimation" of the creative energy, treating sex with profound respect.

We say that man and woman are two parts of the same being. Man left Eden accompanied by his spouse and should return to Eden with the same spouse.

In other words we say that Man left Eden by the door of sex and only by this door can he return.

What enormous powers would awaken if humanity accepted the system of Brown-Sequard or of the Oneida Society or of Dr. Krumm-Heller, systems based on the old traditions of Lemuria. This is something that the doctors, the men of science, could investigate. The sublimation or transmutation of the creative energy releases a radical psychological, physiological and biological transformation. The Super-man of Nietzsche would arrive through the transmutation of the sexual libido.

Nevertheless, the first thing is to know how to love. Without love it is not possible to obtain all these prodigies.

Have you observed that grand men always appear next to grand women? Next to Buddha Gautama Shakyamuni is Yasodara, his beautiful wife disciple. Next to the divine Rabbi of Galilee is Mary Magdelene. Obviously, it would not have been possible for these grand men to have realized their grand labors, which changed the course of history, if they were not accompanied by their grand women.

Man and woman are two aspects of the same being. It is clear that love in itself comes from the undiscovered part of our Being. Within ourselves, in the most intimate depths, we have our Being. It is invested with transcendental characteristics of eternity. It is the divine within ourselves.

Love is a force that emanates precisely from the divine in the depth of our consciousness. It is a type of energy capable of manifesting true marvels.

Valentine and the Valentinians had a Gnostic school where the mysteries of sex were studied, where they analyzed them carefully. They knew the Lemurian secret of sublimating the creative energy and reached the development of certain psychic possibilities that are latent in the race. Valentine was a grand illuminate, a great master in the most complete sense of the word.

Love in itself is something divine. Look at the swan. The Kalahamsa swan is the symbol of love that flies above the waters of the lake of life. A pair of swans upon a lake, how beautiful they are! When one of the pair dies, the other succumbs to sadness. This is because love is fed with love.

But to love! Unfortunately the human being does not know how to love! Many times men treat their wives badly on the first night of marriage. They do not want to comprehend that virginity is sacred and they should have respect. We can say that they violate their own wives. They do not know how to treat the woman with wisdom, how to carry her to walk upon the path of love.

Many times in daily life men and women argue. Many times they argue because of insignificant issues. The man says one thing, the woman another, and at times it follows that a word is sufficient for one of the couple to react. They do not know how to control themselves. They do not want to understand that the home is the best psychological

gymnasium. It is precisely in our home life where we can discover ourselves. In the home, we can discover the defects of our psychological type.

Who hurt us? Why did they hurt us? Is it possible that we have jealousy? Is it possible that our own self-love has been hurt? Could it be that our pride has been hurt? What is the truth?

When one discovers that he has a psychological defect, then he has the opportunity to disintegrate it, to reduce it to cosmic dust. By eliminating our errors, our defects, one day we will obtain the awakening of consciousness.

Unfortunately people do not want to change, nor do they want to eliminate their defects. They say, "I am wrathful, this is my way of being." Others say, "I am jealous, this is how I am." Others exclaim, "I am lustful, I take pleasure in women, this is how I am, so what?" With this way of thinking, with this way of feeling, a true transformation is not possible. When one knows one has a psychological defect, then it should be eliminated. It is in the home that one discovers such defects. For this reason the home serves as a psychological gymnasium.

Many complain that their wives are angry and jealous. They desire to have another woman who would be a paradise, who would be a humble angel of the heavens. They do not want to understand that home is an extraordinary gymnasium and where we are able to discover our defects and that if we do so, we will obtain the awakening of consciousness.

To know love, understanding between man and woman should always reign in the home. The man should not expect the woman to be perfect and the woman should not expect the man to be a "knight in shining armor." We should accept things as they are and have the home be a school where we can discover ourselves. In accordance with how we are doing in eliminating psychological defects, happiness replaces angry arguments and one day after a lot of suffering, the home becomes a paradise.

Jealousy damages the home. Jealousy makes a mountain out of a molehill. If the wife looks at someone, the husband suffers, as it appears as if she is having a relationship with the other man. It is an error of the mind, but he takes it as reality. The jealous wife is the same; she makes her husband suffer. If he looks at another woman, she suffers and creates a terrible scene at home. On the path of jealousy one suffers a lot.

If one truly investigates the origin of jealousy, one discovers the trouble is in fear, fear of losing that which is most loved. The woman fears losing the man, the man fears losing the woman; the woman believes that the man is seeing another or the man supposes that the woman is seeing another. It is clear that this results in suffering and pain. Most importantly, if we eliminate fear, jealousy disappears.

How can we eliminate the fear of losing our loved one? Only through reflection, through meditation.

Let us think about reality: we do not come into the world accompanied by our loved one, we are only received by the doctor or midwife. We do not come into the world with clothes or money or material goods. And it is clear that at the hour of our death we do not go accompanied by our wife or husband. Some part remains here while the other part goes to eternity. Thus death separates us from a physical point of view. For this reason when a priest performs a marriage, he says, "I declare you man and wife till death do you part."

In reality, death comes sooner or later. We cannot take to eternity a pin, or a cent; not anything that we possess. We cannot take our loved one... Then why do we have things? We should accept things as they are. We should not have attachment to personal or material things, to a person; one can suffer for anything. For this reason we should not have attachments or any kind of fear.

What do we fear? The most grave thing that can happen is to be murdered. So what? We are born to die, then what? Sooner or later we have to die and those who love their money a lot, who are attached to their fortune sooner or later have to lose it.

Why should they be scared? Why do they have to fear? For this is a most natural event. Just the same, why do we have fear of losing our loved one? It has a beginning, it has an end.

When one comprehends that everything has a beginning and an end, the fear disappears, even the fear of losing the loved one. When this fear disappears, then jealousy ends forever. It no longer exists! Since there is no fear, it can no longer exist.

Another factor of discordance in couples is anger. The man says one angry thing, the woman responds with her hands and feet and in the end there is a battle of plates and vases. This is the crude reality. If we eliminate the demon of anger, peace will reign in the home, there will not be pain. But I ask you: why do we have anger within ourselves? Why? Is it possible for us to change? Yes, it is possible! I proposed to change and did change. I was wrathful, but I knew the process of anger.

I proposed to eliminate it and I did. It is clear that I had to pass through certain sacrifices to finally eliminate anger.

I visited places where somebody could insult me. I went with the purpose of being insulted. I knew that the person XX took no pleasure in our teachings and I visited him intentionally so that he could insult me. For the next half an hour or hour I "self-

observed" myself. I observed my internal and external reactions, the impulses that came from within and those that came from without; I observed the causes that motivated the anger.

I could see that in some circumstances the anger was produced because my pride was hurt. I could verify on other occasions that the anger was produced because my self-love was hurt. I thought that I was a grand person. I did not comprehend that I was only a worm in the mud of the earth. I believed that I was great, yet if someone touched on a sore point within I would react furiously with thunder and lightning, ripping at my clothing and protesting.

I proposed to study all these aspects of anger and through grand super-efforts and sacrifices, the anger was consequently eliminated. Thus if one says, "I am like this," it does not have any value because one can change and if one changes he benefits himself and his fellow man.

We should learn to eliminate our errors. It is possible by reflecting a little.

How joyous couples would be if they truly knew how to love, if the man had no anger and the woman was never angry. The "honeymoon" would be conserved. Unfortunately, when human beings are married, they begin and end with the most beautiful thing there is: the "honeymoon."

If we really want to conserve the honeymoon we should eliminate anger, we should eliminate jealousy, we should eliminate egoism. We should become comprehensive and learn to pardon all the errors of our beloved. Nobody is born perfect! The man should know that the woman has her defects. The woman should comprehend that the man has his also. They should mutually pardon their defects of a psychological type. If they proceed in this way the honeymoon will last!

Among the ancient people of Anahuac was Xochipilli, the God of song, love and beauty. Xochipilli taught us to conserve the undeniable delights of the honeymoon. It is a pity that people do not understand the doctrine of Xochipilli.

It is possible to conserve the "honeymoon" when we learn to pardon the errors of the beloved, but if we do not know how to pardon errors, the honeymoon will be lost.

When a couple gets married, they should understand psychology better. Usually when one of the pair begins to hurt the other, the first reacts and hurts back. A conflict is formed, then passes, and the two are reconciled and everything appears to continue in peace; but this is not so. Resentment remains. On another day there is another conflict: a dispute between the husband and wife over any stupid thing like jealousy. The result: the conflict passes and another resentment remains. Thus, conflict by conflict, resentments are accumulated and the honeymoon is finished. The resentments develop step by step and if they do not get divorced, they try to continue their union because they think they should or because of animal passion, and this is all.

Already many matrimonies have nothing to do with love. Love in these days smells of gasoline, celluloid, bank accounts and resentments.

The most grave error the husband and wife can commit is to terminate the honeymoon. It is just a matter of knowing how to conserve it.

Madam, did your husband insult you? What did he tell you? Is he jealous of the boyfriend you used to have? What has happened? Is he in a bad mood today? Try to maintain your serenity, prepare some tea for him, give him his clothes, help him in the bath, kiss him, love him; as much as he insulted you, try to love him more. What will happen then? Ladies, you can be sure that the man will feel tremendously repentant, he will feel remorse and kneel down before you to beg forgiveness. He will admit to being a tyrant, a wicked one; you have won the battle!

If both man and woman proceed in this way, in accordance with this formula, I can guarantee that the honeymoon will not be lost. The man will learn little by little to dominate himself and he will comprehend that his wife is a saint, and the woman will learn little by little to control herself and through this she will see her husband is tremendously noble. The moment will arrive when neither of the two will want to hurt the other, they will idolize one another and the honeymoon will continue throughout their lives.



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